



## Nola Cuff

By Michele Klous

[www.etsy.com/shop/manystitchesintime](http://www.etsy.com/shop/manystitchesintime)



Make this lacy ruffling cuff using and a variety of shaped beads and elegant Cymbal™ bead ends.

**Skill Level:** Intermediate

**Techniques to know:** Various stitches including right angle weave and peyote.

**Finished length:** 5.75" excluding the clasp (for size adjustment see notes after Step 25)

### MATERIALS

1.5g size 15° seed beads (color A)  
0.3g size 15° seed beads (color B)  
2g size 11° seed beads  
3g size 10° Cylinder beads  
9-11 Bow Tie beads  
36-42 size 4mm Fire polish rounds  
38-46 SuperDuos

2 VOUDIA II GemDuo Cymbal™ endings  
2 size 5mm jump rings  
Clasp of choice  
6lb. Fireline™ / D weight beading thread  
2 Size 12 beading needles  
Scissors/Pliers

### DESIGNER TIPS

- Check all holes of any multi-holed beads to make sure they are clear before use. You will be upset if you find a clogged or missing hole in the last steps!
- Hold your beadwork while stitching for better tension.
- SuperDuos may have different thickness depending on their coating. A thicker coating may cause the outer rounds to ruffle more.

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- The VOUDIA endings have a textured side and a smooth side. When attaching the endings, make sure the textured side is face up.

### FIRST SET WITH VOUDIA II END

#### FIGURE 1

1. Starting with about 3.5 yards of thread, at the **red dot**, string one SuperDuo, one VOUDIA II (one hole) and two size 10 Cylinder beads. You can slide the beads between the VOUDIA space.
2. With an empty needle, sew through the empty hole of the VOUDIA.
3. Starting at the **blue dot**, string one SuperDuo, one color A 15° (15°A), one 11° and one 15°A.
4. Still following the **blue line**, sew down into the empty hole of the SuperDuo just picked up.
5. Starting at the **black dot**, exiting out the SuperDuo, string one Bow Tie, and sew into the empty hole of the SuperDuo across from the one exited.

### ADDING THE OUTER FIRE POLISH

#### FIGURE 2

6. Starting at the **red dot**, exiting the SuperDuo, string one 15°A, one 11°, one 15°A, and sew into the other side of the same SuperDuo and the VOUDIA.
7. With an empty needle, still following the **red line**, continue sewing through the two Cylinder beads and the other side of the VOUDIA.
8. Continue sewing through the SuperDuo and the seed beads after it.
9. Sew through the other side of the SuperDuo, into the Bow Tie and into the SuperDuo after it to exit.
10. Starting at the **black dot**, string one 15°B, one 4mm fire polish, one SuperDuo, one 4mm, one 15°B and one SuperDuo. Sew into the other side of the Bow Tie Bead to exit.

#### FIGURE 3

11. Starting at the **red dot**, exiting the Bow Tie, string one SuperDuo, one 15°B, one 4mm, one SuperDuo, one 4mm and one 15°B. Sew into the SuperDuo across from the one just added which is already attached to your work below the Bow Tie. Continue sewing through the Bow Tie and the SuperDuo.
12. With an empty needle, at the **black dot**, 15°B, 4mm and SuperDuo.
13. Continue sewing through the 4mm, SuperDuo and the 15°B.
14. Continue following the **black line**, sew up into the four 15°s on the side.

### REPEAT STEPS

#### FIGURE 4

15. Starting at the **red dot**, string one 15°A, one 11° and one 15°A. Sew into the other hole of the same SuperDuo exited.

16. Starting at the **blue dot**, string one Bow Tie, and sew into the SuperDuo across from the one exited.
17. Starting at the **black dot**, exiting the SuperDuo, string one 15°A, one 11° and one 15°A. Sew into the other hole of the same SuperDuo exited. **DO NOT** sew into the 15°B! Continue sewing through the Bow Tie and the SuperDuo below it.
18. Still following the **black line**, exiting the SuperDuo, sew into the 15°A, 11° and the 15°A.
19. Still following the **black line**, exiting the 15°A, sew into the SuperDuo, Bow Tie and into the other SuperDuo to exit.

#### FIGURE 5

20. Starting at the **red dot**, exiting the SuperDuo, push the three seed beads to the front, and string one 15°B, one 4mm, one SuperDuo, one 4mm, one 15°B, one SuperDuo and sew into the Bow Tie. Make sure they are behind the three seed beads over the SuperDuo and they are toward the front not the back.
21. Starting at the **black dot**, string one SuperDuo, one 15°B, one 4mm, one SuperDuo, one 4mm and one 15°B. Sew into the SuperDuo attached to the other side of the SuperDuo. Be sure the three seed beads are in front of your work, so they match the front of the VOUDIA. Continue sewing through the Bow Tie and the SuperDuo on the other side.
22. Still following the **black line**, continue sewing through the 15°B, the 4mm and the SuperDuo.
23. Continue sewing through the 4mm, 15°B and SuperDuo after it.
24. Sew up into the Bow Tie and the SuperDuo after it to exit for the next steps.

#### SIZING AND FINISHING THE REPEATS

##### FIGURE 6

25. Repeat Steps 15 through 24 adding Bow Tie and 4mm sets until you have the length desired. Next, repeat Step 15 once more placing the one 15°A, one 11° and one 15°A over the SuperDuo.  
**NOTE:** Keep in mind you will have to add a VOUDIA ending after the last Bow Tie is added!

*Sizing information: The final piece including the VOUDIA endings without a toggle measure approximately 5.75 inches, (with 9 Bow Ties and both VOUDIA endings). My wrist measures 6 inches and the nine Bow Ties with the jump rings and toggle added fits me with enough room to spin it comfortably. Each additional set adds approximately 5/8 inch to the length. Keep in mind the different bead finishes make a difference in your finished pieces. Some are thicker than others and may cause more frill and more length. Toggle size also has an effect of the finished length. Adding an extra jump ring in place of an additional set may help if you only need a small amount of length.*

#### ADDING THE SECOND VOUDIA

##### FIGURE 7

26. Starting at the **red dot**, exiting the SuperDuo, string one VOUDIA (through the right hole) and two Cylinders. Sew into the other hole of the VOUDIA and out the other SuperDuo across from the one started.

27. Starting at the **black dot**, exiting the SuperDuo, string one 15°A, 1-11° and 1-15A, then sew into the other side of the same SuperDuo, through the Bow Tie and out the other SuperDuo.
28. With an empty needle, still following the **black Line**, sew through the one 15°A, one 11° and one 15°A.
29. Sew into the SuperDuo, the VOUDIA, the Cylinders, the other hole of the VOUDIA and out the SuperDuo to exit.

## OUTER FRILL

### FIGURE 8

30. Starting at the **red dot**, exiting the SuperDuo, string 7 Cylinders, and sew into the empty hole of the next SuperDuo on the same side. Push the Cylinder behind the beads over the SuperDuo so they are to the back.
31. Starting at the **blue dot**, exiting the SuperDuo, string 9 Cylinders, and sew into the next SuperDuo.
32. Starting at the **purple dot**, repeat Step 31 until you reach the last side SuperDuo.
33. Starting at the **black dot**, exiting the last SuperDuo, string 7 Cylinder beads, and sew into the SuperDuo attached to the VOUDIA and through the VOUDIA.
34. Still following the **black line**, exiting the VOUDIA, continue sewing through two Cylinder beads and the other side of the VOUDIA.
35. Continue following the **black line**, exiting the VOUDIA and sew through the SuperDuo to exit.
36. Repeat Steps 31 through 34, following the **black line**, to the end of the other side of the bracelet, and sew through to the end bead (**red dot**) where you began Step 8.

## OUTER ROUND WITH 11°s

### FIGURE 9

37. Starting at the **red dot**, exiting the SuperDuo, string one 11°. Skip the first Cylinder bead after the SuperDuo and sew through the next Cylinder.
38. Still following the **red line**, string one 11°, and sew into the next Cylinder.
39. Repeat Step 38.
40. String one 11° and sew into the SuperDuo. You should have a total of four 11°s.
41. Starting at the **blue dot**, exiting the SuperDuo, string one 11°. Skip the Cylinder after it and sew into the one following it.
42. Repeat step 41, still following the **blue line**, to the SuperDuo for a total of five 11°s.
43. Starting the **purple dot**, exiting the SuperDuo, repeat Steps 41 and 42 placing five 11°s between the Cylinder to the SuperDuo before the corner.

44. Starting at the **black dot**, repeat Steps 37 through 40 placing four more 11°s all the way to the final SuperDuo.
45. Exiting the SuperDuo, sew into the VOUDIA, through the Cylinders, the VOUDIA, the SuperDuo and into the first 11° placed in Step 9.

#### OUTER ROUND WITH 15°s

##### FIGURE 10

46. Starting at the **red dot**, exiting the 11°, string three 15A°s, and sew through the next protruding 11°.
47. Following the **red line**, string three 15°A, and sew into the next 11°.
48. Continue following the **red line**, string three 15°A, then sew into the next two 11°.
49. Starting at the **blue dot**, string two 15°A, and sew into the 11°.
50. Following the **blue line**, exiting the 11°, string three 15°A, and sew into the next 11°.
51. Continuing following the **blue line**, repeat Step 50 to the SuperDuo for a total of five 11°s.
52. Lastly, following the **blue line**, exiting the 11°, string two 15°A, and sew into the next two 11°s, skipping the SuperDuo.
53. Starting at the **purple dot**, repeat Steps 49 through 52 adding 15°B all the way to the last two 11°s.
54. Starting at the **black dot**, exiting the last two 11°s, string three 15°A, and sew into the next 11°.
55. Exiting the last two 11°s, string three 15°A, and sew into the next 11°.
56. Lastly, string three 15°A, and sew into the last 11°.
57. Finally, exiting the last 11°, sew the SuperDuo, through the VOUDIA, the Cylinders, out the VOUDIA and the SuperDuo. Continue through the first 11° added in Step 37.
58. Repeat Steps 46 through 57 on the other side of the bracelet.
59. Sew through the all the outer round of beads again. Secure the thread and trim excess. **NOTE:** I suggest you sew into the SuperDuo and through several beads before making knots.

#### THE CLASP

##### FIGURE 11

60. Using pliers, place the jump rings and the clasp of choice on both ends of the bracelet and you're done!



Michele has a background in graphic arts where she learned all about color. She also worked outdoors for many years in her youth which inspired her to use rich and vibrant color schemes. Michele went to a fair and saw beadwork for the first time. That was all it took ... she was hooked! Since that day Michele has aspired to create, teach and share her own beaded creations.

You can find more of Michele's beautiful designs in her etsy shop - [www.etsy.com/shop/manystitchesintime](http://www.etsy.com/shop/manystitchesintime).



Figure 1

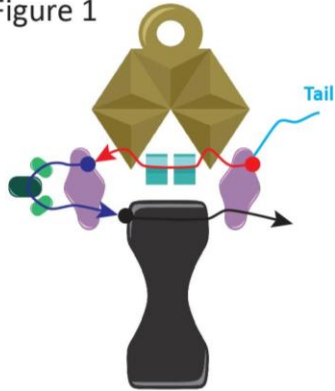


Figure 2

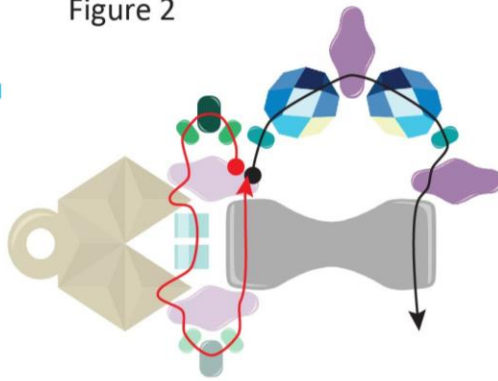


Figure 3

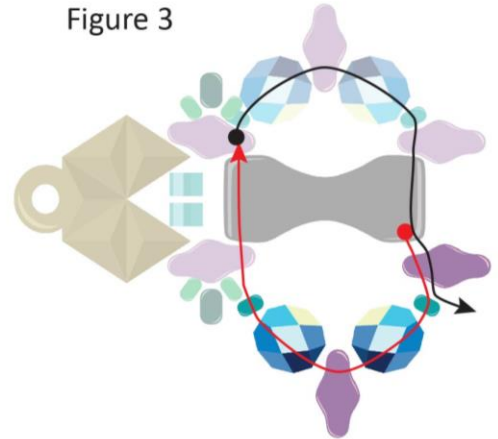


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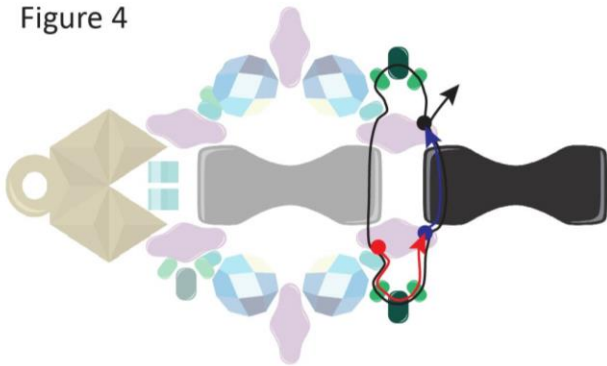


Figure 5

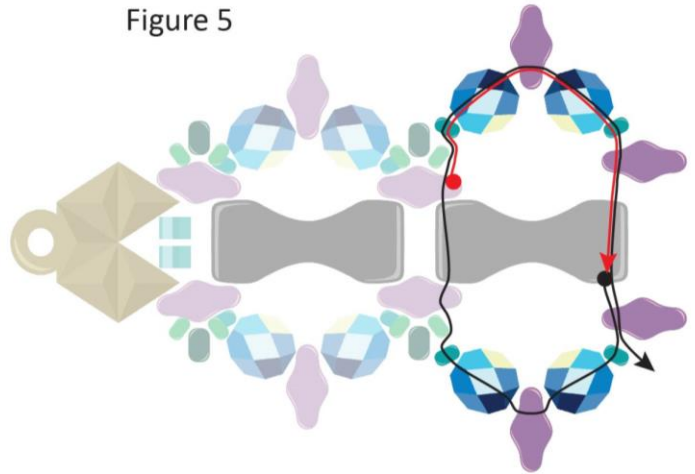


Figure 6

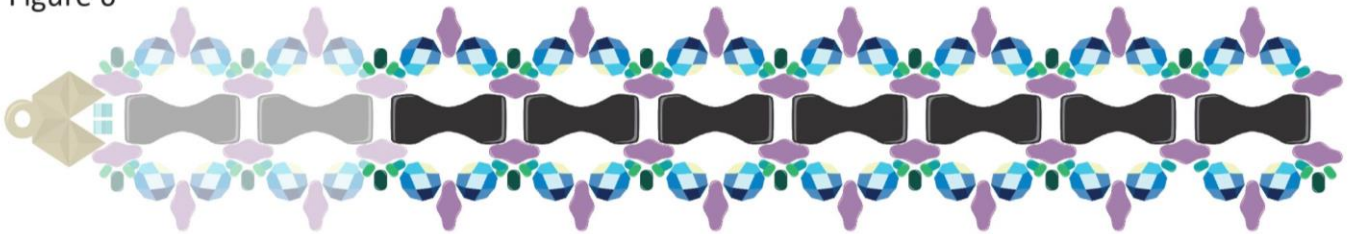


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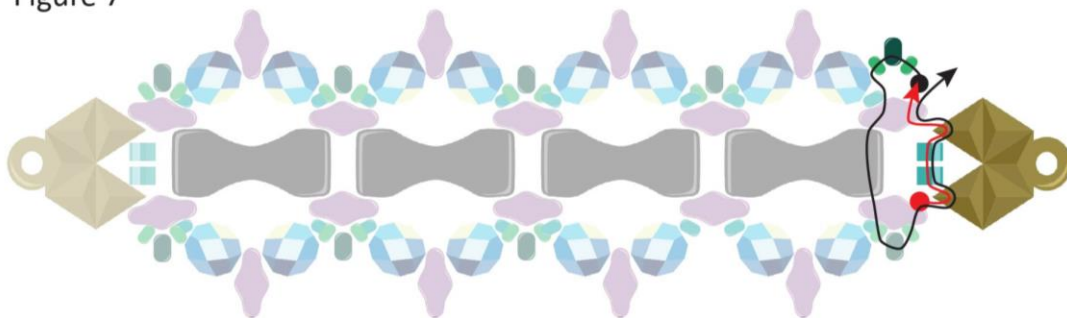


Figure 8

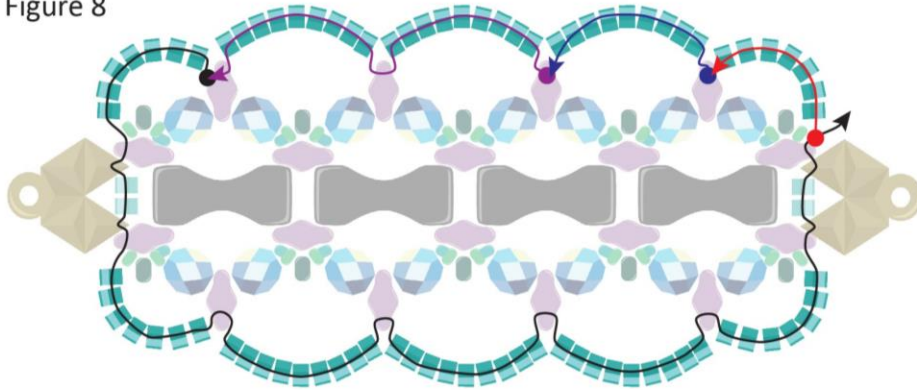


Figure 9

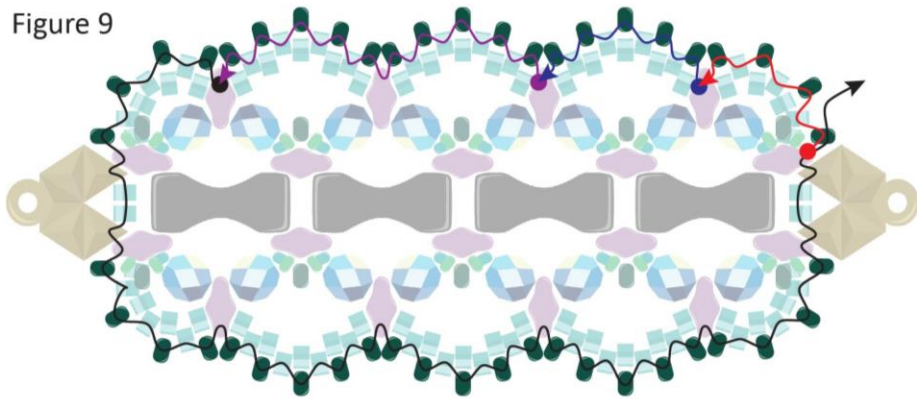


Figure 10

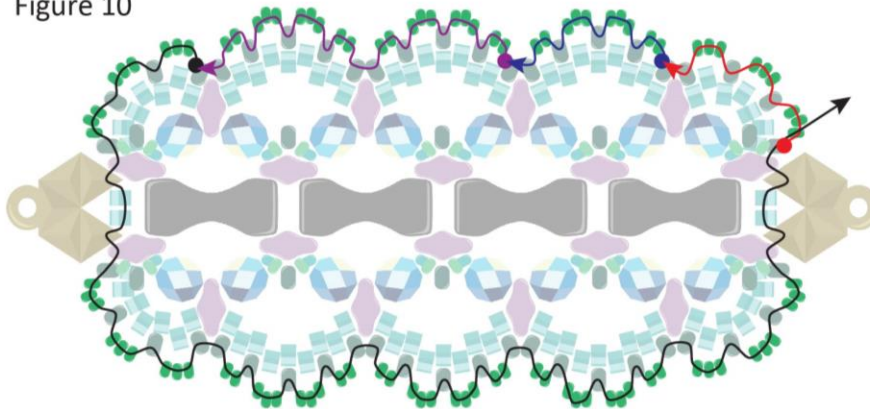
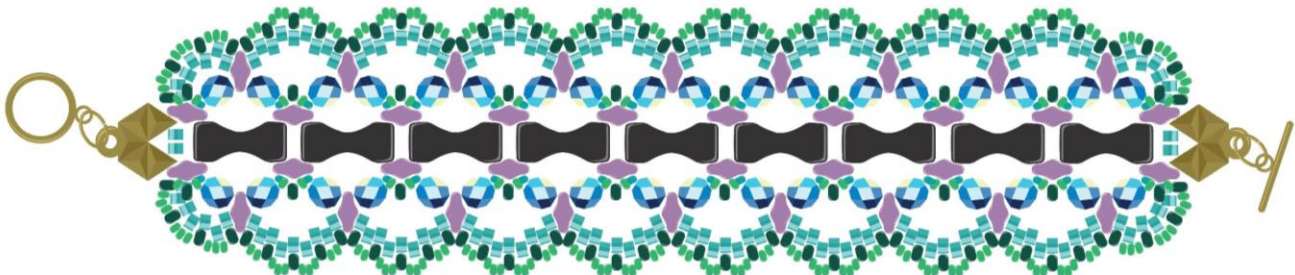


Figure 11



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