

## KOURELI SUPERDUO BAIL PENDANT

by CAROLYN CAVE

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**Skill level:** Intermediate

**Techniques:**

**Finished Size:** pendant only 1 ¾ x 3 ½ inches (4.5cm x 9cm)

### MATERIALS

1g size 15° seed beads, same color as the cabochon

1g size 11° seed beads, same color as the cabochon (A)

1g size 11° seed beads, metallic (M)

1g size 8° seed beads

10 size 6mm glass pearls or round beads

7g SuperDuo beads

18mm round Czech glass cabochon

1 KOURELI IV Cymbal SuperDuo bail

D weight beading thread

size 10 or 12 beading needle

Scissors or thread cutters

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## TIPS

- Before using multi-hole beads, make sure that the holes are not blocked by excess glass or coating, and that the bead is well-formed.
- Once the SuperDuos are stitched together in the base of this pendant, they are not easy to sew through again. Pass through only one bead at a time, sewing through the hole diagonally, from the front to the back, or back to the front. This may be slow but it is better than breaking a bead! You might like to use an old bent needle for this since the curves in the needle allow it to navigate tight spots.
- It is almost impossible to add one super duo at a time to the KOURELI IV Cymbal bail since the needle will not pass diagonally through one metal finger at a time. Line up the super duos inside the slots of the clasp and sew through the entire clasp plus beads in one motion.

## FIGURE 1

Cut 5 feet (1.5m) of beading thread and attach a needle to one end.

**Step 1.** Pick up six SuperDuo beads. Sew through all six again, in the same direction, forming a ring of beads. Slide the ring towards the end of the thread leaving a short tail of no more than 3 inches (7.5cm). Tighten the thread and sew through the first SuperDuo for a third time. Change direction and sew through the second hole of this same SuperDuo.

## FIGURE 2

**Step 2.** Pick up two SuperDuos and sew through the next SuperDuo, six times. Sew again through the first two super duos picked up in this round. Change direction and sew through the second hole of this same SuperDuo (**a-b, green thread**). Pick up two SuperDuos and sew through the next SuperDuo. Pick up one SuperDuo and sew through the next SuperDuo. Repeat five more times. Sew again through the first three SuperDuos of this round (**b-c, purple thread**).

**Step 3.** Attach a second needle to the tail thread. Sew through the beadwork in the opposite direction of the working thread, tying a few overhand knots along the way. Trim the thread. **NOTE:** SuperDuos stitched together like this fit very snugly next to each other. If you don't end the thread now when the work is flexible it becomes very difficult later on.

## FIGURE 3

**Step 4.** Pick up one A color 11° seed bead, one 8° and one 11°A. Skipping the SuperDuo that was added in the third round and sew through the next SuperDuo that was added in the second round. Repeat eleven more times. To be in the correct place to start the next round, sew again through the first 11°A and 8°. This is the base round of the bezel for the cabochon.

## FIGURE 4

**Step 5.** Pick up two 11°A and sew through the next 8°, twelve times. To be in the correct place to start the next round, sew again through the first two 11°A picked up in this round.

## FIGURE 5

**Step 6.** Pick up two 11°A and sew through the two 11°A added in the previous round, twelve times. To be in the correct place to start the next round, sew again through the first two 11°A picked up in this round.

## FIGURE 6

**Step 7.** Pick up one 11°A and sew through the two 11°A added in the previous round, twelve times. To be in the correct place to start the next round, sew again through the first A picked up in this round. When you are a little over half way stitching this round, insert the cabochon face up into the basket you are creating. At the end of the round, make sure the thread is snug and the cabochon is firmly in place.

## Figure 7

**Step 8.** Pick up three size 15°s and sew through the single 11°A that was added in the previous round, twelve times (**green thread**). Sew again through the beads of this round (not shown) keeping the thread tension snug. Once you have passed the point at which this round began, sew through the beadwork towards the SuperDuo layer at the back, following only existing thread paths (not shown). Continue sewing through the last round of the back till you have sewn through two super duos in the “corner” of the hexagon shape. Change direction and sew through the unused hole of the second SuperDuo (**purple thread**).

## FIGURE 8

**Step 9.** Pick up two SuperDuos and sew through the next SuperDuo. Pick up one SuperDuo and sew through the next SuperDuo, twice. Repeat five more times around the pendant. Sew again through the beads of this round until you have sewn through the second pair of SuperDuos in the next “corner” (in other words, through nine SuperDuos). Turn around and sew through the unused hole of the second SuperDuo (**green thread**).

**Step 10.** Pick up two SuperDuos and sew through the next SuperDuo. Pick up one SuperDuo and sew through the next SuperDuo, three times. Repeat five more times around the pendant. Sew again through the beads of this round until you have sewn through the second pair of SuperDuos in the next “corner” (in other words, through eleven SuperDuos). Turn around and sew through the unused hole of the second SuperDuo (**b-c, purple thread**).

**Step 11.** Pick up one 8° and sew through the next SuperDuo. Position the four fingers of the KOURELI IV bail between the next five SuperDuos. Sew through all five SuperDuos and the bail in one motion. Do not pull the thread too tight since you will have to sew through the bail again. Pick up one 8° and sew through the next SuperDuo. Repeat until you have gone completely around the pendant. Sew again through the bail and SuperDuos around it, plus one more 8° (**c-d, blue thread**).

## FIGURE 9

**Step 12.** Pick up seven 11°M. Sew through the 8° on the bezel of the cabochon that is in line with the 8° that the thread is leaving. Pick up four 11°M and one 6mm round. Sew through the fourth 11°M that was just added in the group of seven. Turn around and sew back through the 6mm. Sew again through the fourth of four 11°M added to this side of the 6mm, in the same direction, so the holes of the four beads line up. Pick up three 11°M and sew through the 8° along the edge that the thread was leaving at the start of this step. Make sure the thread is snug all through this step. **NOTE:** If you would like to make the bezel around the 6mm more secure or firmer, sew through the 11°M and 8°s again. Continue by sewing through the SuperDuos and the next five 8°s along the outside edge of the pendant (**a-b, green thread**).

**Step 13.** Stitch **a-b** again adding a second 6mm in the next corner of the hexagon shape (**b-c, red thread**). Stitch **a-b** again, adding a third 6mm round in the next corner. However, at the end of the step, sew through only three 8°s and three SuperDuos, exiting the SuperDuo at the center of the lower edge of the pendant (**c-d, purple thread**).

#### DANGLE

**Step 14.** Pick up one 8°, one 6mm, 11°M, 8°, 11°M, 6mm, 11°M, 8°, 11°M, 6mm and one 11°M. Turn around and sew back through the third 6mm picked up. Pick up one 11°M, 8°, 11°M, 6mm, 11°M, 8° and 11°M. Sew back through the first 6mm picked up and the first 8°. Sew again through the SuperDuo that the thread was leaving at the start of this step, in the same direction. Sew through the next three 8°s and two SuperDuos along the lower edge of the pendant (Fig. 9, **d-e, red thread**).

**Step 15.** Stitch **a-b** two more times (Fig. 9, **e-f, blue thread**). Stitch the first part of **a-b** again to add the sixth beveled round bead. Try sewing through the SuperDuos and bail again. I didn't have much success but perhaps you will. When you cannot sew through that outside row anymore, change direction and duck down to the lower hole of the SuperDuo (Fig. 9, **f-g, brown thread**).

**Step 16.** Continue sewing through the work, following only existing thread paths. Tie a few overhand knots along the way and trim the thread.

Your new pendant is ready to wear.


#### DESIGN OPTIONS (additional materials may be needed):

- The KOURELI bail can be replaced by a smaller metal bail or a bail made from seed beads.
- The KOURELI bail is best used with a kumihimo rope or a thicker beaded chain. I think a rope in silver 8°s and 11°s would look fabulous with this. Besides, if you make one in silver it can be used for other silver-based pendants.
- There are other iterations of a dangle for the lower end of the pendant. Be creative!

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KOURELI SUPERDUO BAIL PENDANT ILLUSTRATIONS by CAROLYN CAVE

-  6mm round bead
-  super duo
-  Matubo 8/0
-  size 11/0 seed bead, M
-  size 11/0 seed bead, A
-  size 15/0 rocaille

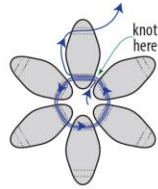


Figure 1

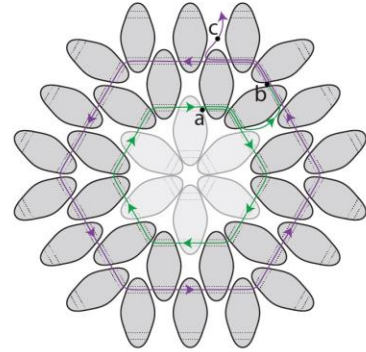


Figure 2

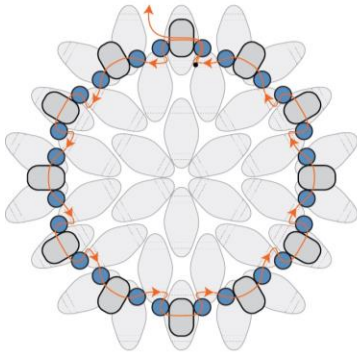


Figure 3

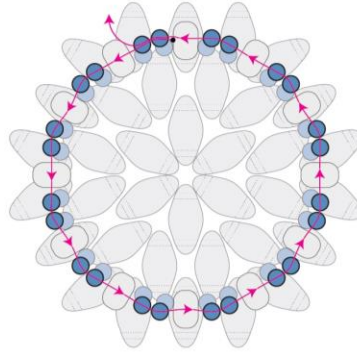


Figure 4

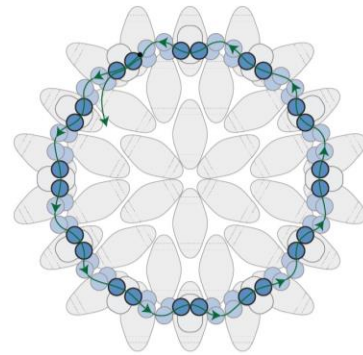


Figure 5

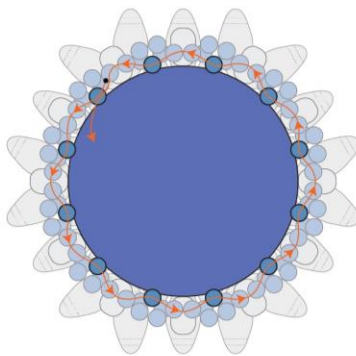


Figure 6

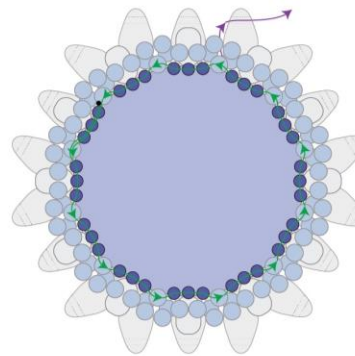


Figure 7

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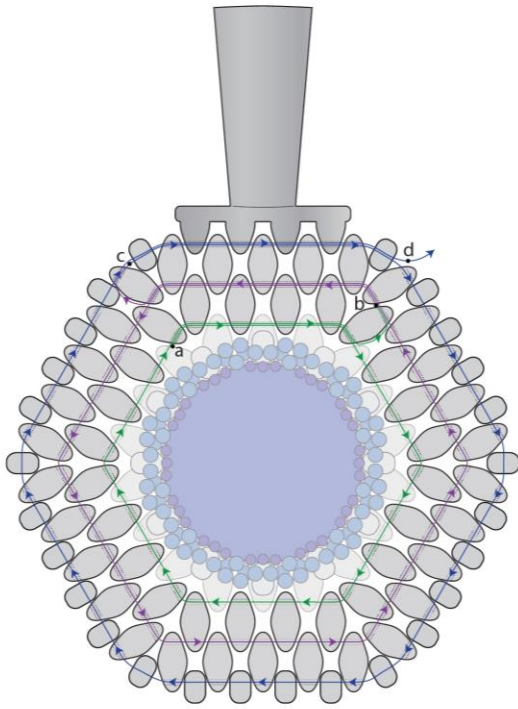


Figure 8

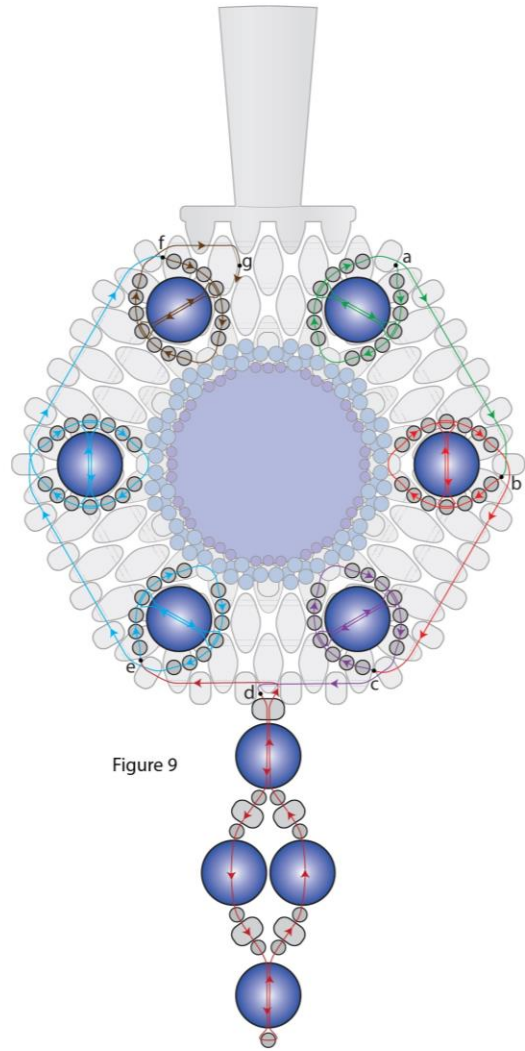


Figure 9

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