



MANEK-MANEK
HELENA TANG-LIM

I ♥ BEADS the BEAD SMITH®



BAMBOO CUFF

AN ORIGINAL MANEK LADY DESIGN








BAMBOO CUFF

The bamboo is evergreen perennial flowering plants in the grass family. Some bamboos are giants, forming by far the largest members of the grass family. Although bamboo is a grass, many of the larger bamboos are very tree-like in appearance and they are sometimes called "bamboo trees". The stems are jointed, with regular nodes.

The Bamboo Cuff is reminiscent of the nodes of the bamboo plant. The Miyuki rectangular beads are like the nodes while the beautiful seed beads and spacers represent the hollow inter-nodal sections.

Dimensions

Length 18.5 cm (7.25") x Width 2.5cm (1")

Supplies			
		Blue	Bronze
A	 8g Miyuki Spacer 3mm x 1.3mm	SPR3-457 Bronze Metallic	SPR3-4202 Duracoat Galvanized Gold
B	 7g Size 8° Miyuki Bead	8-94201F Duracoat Matt Galvanized Silver	8-94201 Duracoat Galvanized Silver
C	 99pcs 2mm True2 Fire Polish	FPR0200030-27080 Etch Full Labrador	FPR0200030-01700 Bronze Aluminium
D	 102pcs 3mm Fire Polish	6-FPR0300030-NIAB Nickel Plate AB	6-FPR0300030-01710 Bronze Pale Gold
E	 66pcs 4mm x 9mm Miyuki Rectangle Bead	REC49-401FR Matt Black AB	REC49-457 Bronze Metallic
	 10cm Medium French Wire	RFWSM Silver Color Medium	RFWGM Gold Color Medium
	 Elegant Elements Clasp CLSP99	CLSP99SP S/P Clasp 25x12mm 5 Strand Smooth & Diamond Cut	CLSP99GP G/P Clasp 25x12mm 5 Strand Smooth & Diamond Cut
Notions		Legend	
6lb Test Fireline® or 8lb Nanofil™ is recommended Size 12 beading needles Sharp scissors Thread conditioner such as beeswax, synthetic wax, Thread Heaven Your favourite beading surface		<ul style="list-style-type: none"> • Thread starting point → Thread exit point & direction of thread path <p>1 2 3 Bead numbers #1, #2, etc do not relate to numbers in the step prior unless otherwise indicated.</p>	

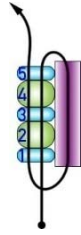
Disclaimer

Every manufacturer has its own size and shape variations even within its own product group. Different manufacturers have different size and shape variations even though they may be labelled the same between manufacturers.

This project works best with Miyuki® seed beads, Swarovski® crystals and Fireline® or Nanofil™. There may be a possibility that it will not be possible to reproduce this project with other brands of beads and crystals due to the inconsistencies between manufacturers and even within the same manufacturer themselves.

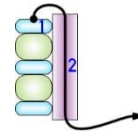


Step 1



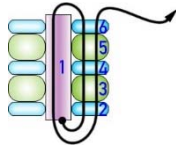
On as long a thread as you can comfortably handle string 1A, 1B, 1A, 1B, 1A, 1E. Pass the thread back through the first five beads strung to exit from bead #5. Position the beads as shown. Leave a short tail to weave in later.

Step 2



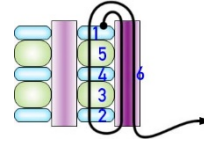
Pass through bead #2.

Step 3



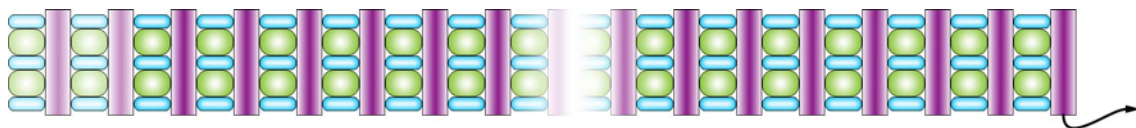
String 1A, 1B, 1A, 1B, 1A and pass back through bead #1. Weave through beads #2 to #6 to exit.

Step 4



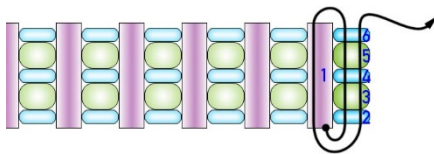
String 1E and pass through beads #2 to #5 and #1. Weave through bead #6 to exit.

Step 5



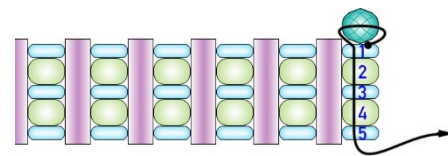
Repeat Steps 3 and 4 as many times as required. Repeat it 31 times if you are working with the dimensions indicated at the start of the instructions. Note : Every 6 repeats will yield approximately 2.5 cm (1").

Step 6



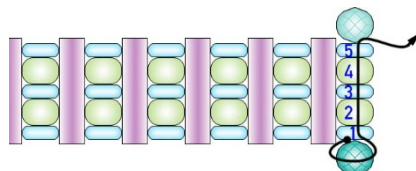
Repeat Step 3.

Step 7



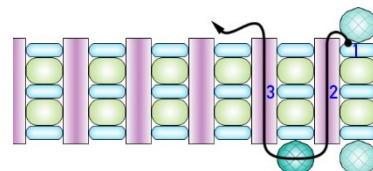
String 1D and pass back through beads #1 to #5.

Step 8



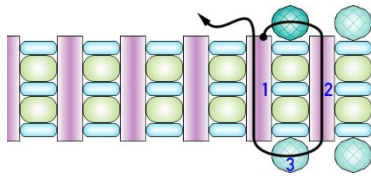
String 1D and pass back through beads #1 to #5.

Step 9



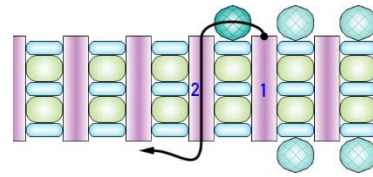
Weave through bead #2. String 1D and pass through bead #3.

Step 10



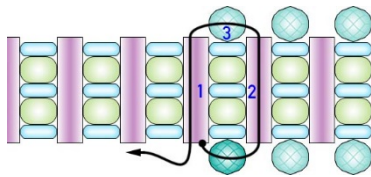
String 1D and pass through beads #2, #3 and #1.

Step 11



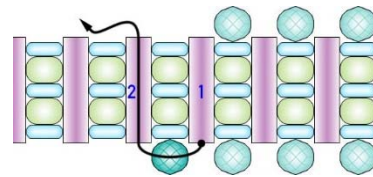
String 1D and pass through bead #2.

Step 12



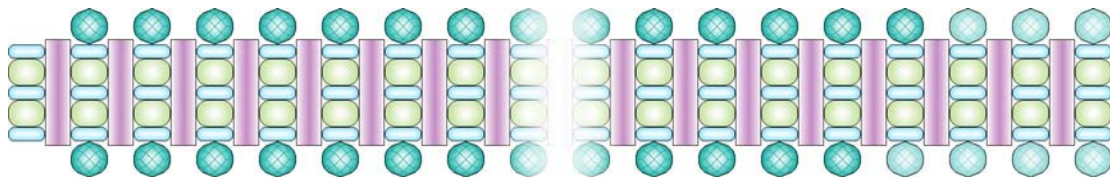
String 1D and pass through beads #2, #3 and #1.

Step 13



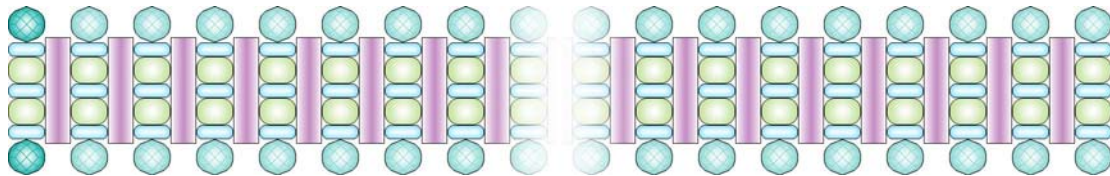
String 1D and pass through bead #2.

Step 14



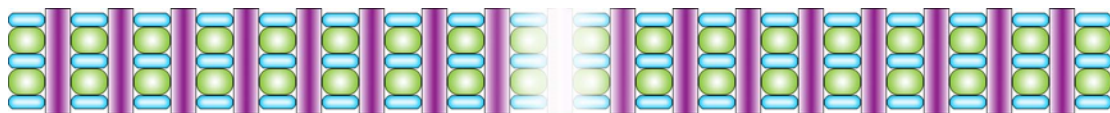
Repeat Steps 10 to 13 for all but the last E bead segment.

Step 15



Repeat Steps 7 and 8. Secure and trim all threads when done.

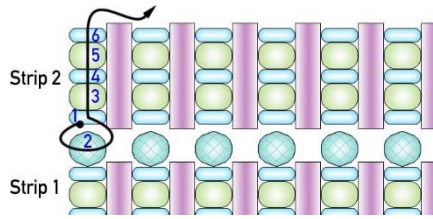
Step 16



Repeat Step 1 to 5 to make a second strip exactly the same number of units as the first.

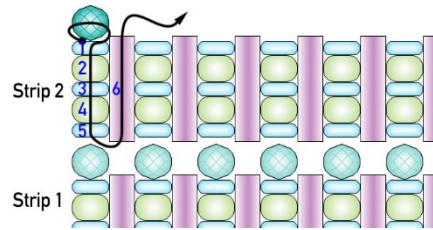


Step 17



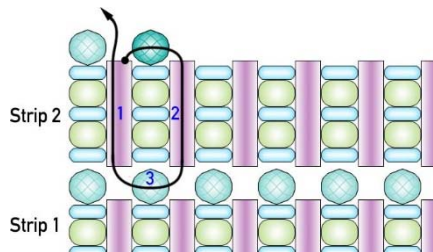
Lay the 2 strips together. The working thread should be exiting at bead #1 from the second strip. If not, weave to exit from bead #1. Weave through bead #2 from the first strip. Then weave back through beads #1, #3 to #6 to exit. Note : The second strip is shown slightly away from the first strip for clarity. It should be lying next to the first strip.

Step 18



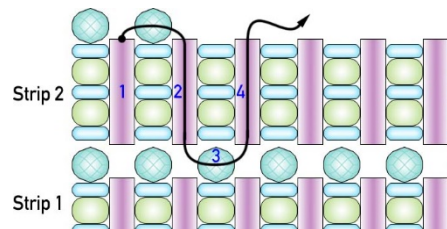
String 1D and pass through beads #1, #2 to #6 to exit.

Step 19



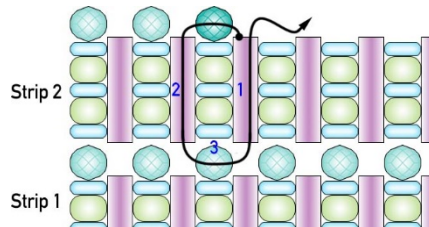
String 1D and pass through beads #2, #3 and #1.

Step 20



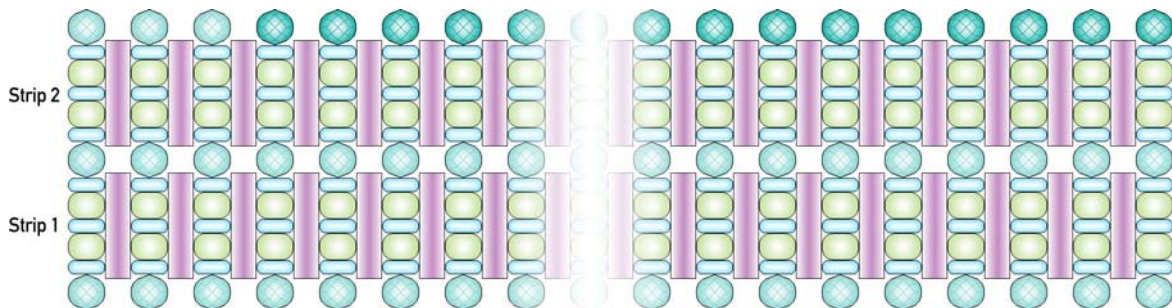
Weave through beads #2 to #4 to exit.

Step 21



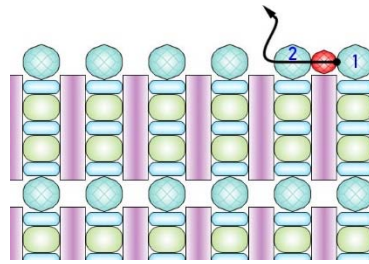
String 1D and pass through beads #2, #3 and #1.

Step 22



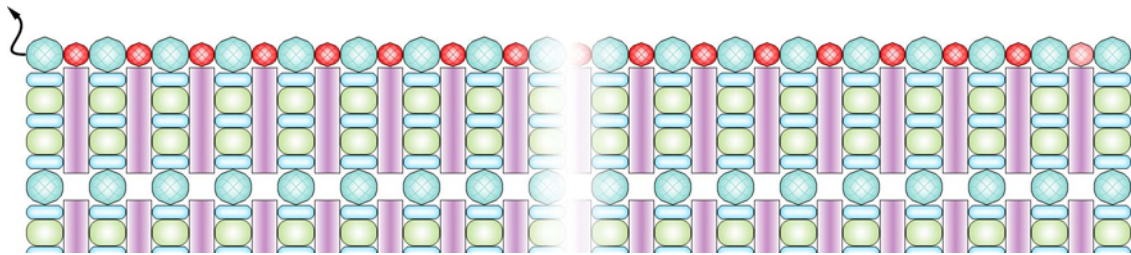
Repeat Steps 19 to 21 connecting the second strip to the first. Secure and trim the threads when done.

Step 23



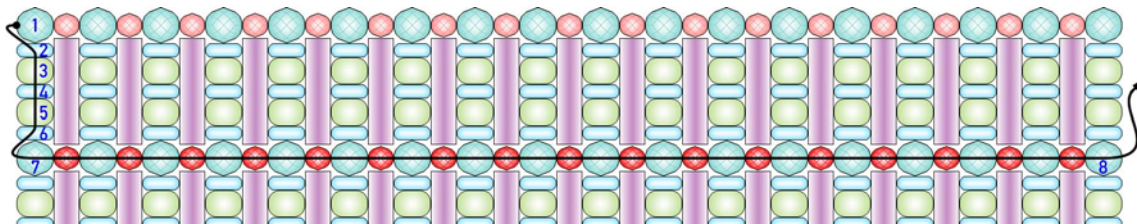
Start a 1.2m (4') thread to exit from bead #1. String 1C and pass through bead #2. Leave a short tail to weave in later.

Step 24



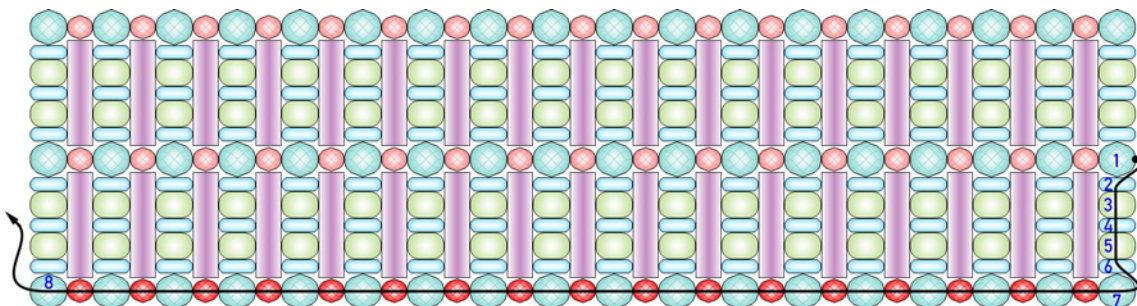
Repeat Step 23 for the rest of the spaces between the D beads.

Step 25



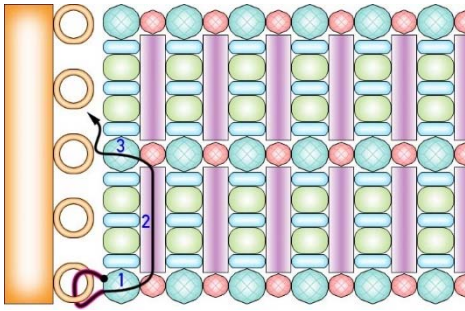
Weave from bead #1 to #7 following the above threadpath. Repeat Step 23 for the all the spaces between the D beads.

Step 26



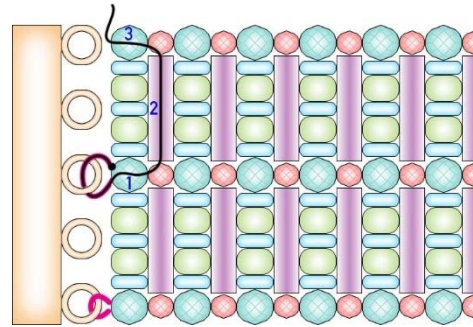
Weave from bead #1 to #7 following the above threadpath. Repeat Step 23 for all the spaces between the D beads. Secure and trim the threads when done.

Step 27



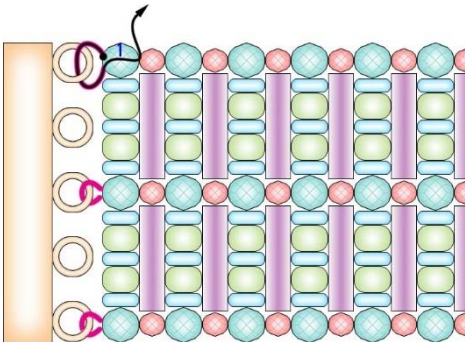
Start a new 30cm (12") thread to exit from bead #1. Cut a 1cm (0.4") length of the French wire. Slip the French wire onto the thread. Weave through the first loop of the clasp and pass back through bead #1. Pull firmly to take up all the thread so that the French wire is cinched close to the bead. It will compress to a much shorter length. Weave through beads #2 and #3 to exit when done.

Step 28



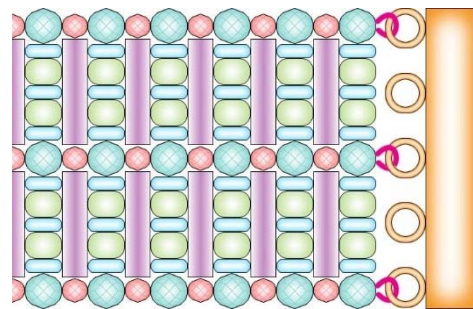
Repeat with Step 27 with a second length of French wire to attach the middle loop of the clasp. Note : If you are working using the clasp recommended above, you will be skipping 2 out of the 5 loops on the clasp.

Step 29



Repeat Step 27 to attach the last length of French wire on this side. Secure and trim all threads when done.

Step 30



Repeat Steps 27 to 29 for the other side of the cuff.

CONGRATULATIONS!
THE BAMBOO CUFF IS NOW COMPLETE.
ENJOY!

