



DUO FLOWER BRACELET

by KATIE DEAN

www.beadflowers.co.uk



Use a selection of two-holed shaped beads to create a path of flowers. Complete the design with a butterfly toggle clasp to sit on top of the flowers.

Skill level: Advanced beginner and up

Techniques to know: stitching with two-hole beads, even count Peyote, adding/ending thread

Finished length: 7 inches

MATERIALS

28 Paisley Duos

18 GemDuos each in two colors

40 Nib-Bits

4 grams Size 11/0 seed beads

6 lb. Fireline or D weight beading thread

Size 12 beading needle

DESIGNER TIPS

With two-hole beads, you will need to check that both holes are clear before you use the bead.

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BRACELET COMPONENTS

NIB-BIT FLOWERS (make 4)

Step 1. On 16-inches of thread, string ten Nib-Bits through the narrow end holes, leaving a three-inch tail. Sew through all the beads again to form a circle. Tie a double knot with the working and tail threads. Sew through a couple of beads past the knot and step up by sewing through the top (open) hole of the nearest Nib-Bit. (Figure 1)

Sew through the top holes of the beads twice. Pull the ring very snug, secure working thread with several half-hitch knots. Weave in all threads and trim excess.

GEMDUO FLOWERS (make a total of six, three in each GemDuo color)

Step 2. On 21-inches of thread, string six GemDuos, leaving a three-inch tail. Tie a double knot with the working and tail threads. Sew through a couple of beads past the knot and step up by sewing through the top (open) hole of the nearest GemDuo – DO NOT TRIM WORKING THREAD. Weave in tail thread and trim excess. (Figure 2)

PAISLEY DUO FLOWERS (make 3)

Step 3. On 21-inches of thread, string eight Paisley Duos through the narrow end holes, leaving a three-inch tail. Sew through all the beads again to form a circle. Tie a double knot with the working and tail threads. Sew through a couple of beads past the knot and step up by sewing through the top (open) hole of the nearest Paisley Duo. (Figure 3)

String one 11/0 and sew through the next Paisley Duo. Repeat seven more times. Sew through all the beads again and exit 11/0 – DO NOT TRIM WORKING THREAD. Weave in and trim tail thread.

BRACELET ASSEMBLY

Note: I played around with the layout of my components, took pictures of each and then chose the layout I liked best. You can follow how I assembled my bracelet or change the configuration, keeping in mind that there must be a Nib-Bit flower on each end of the bracelet.

Step 4. Rethread working thread of a color A GemDuo flower. Sew through one Nib-Bit and through the next GemDuo of the GemDuo flower. String three 11/0s and sew through the empty hole of the next GemDuo. Repeat four more times. Sew through all the beads again, secure within the GemDuo flower with several half-hitch knots and trim excess. (Figure 4)

Step 5. Rethread working thread of a color B GemDuo flower. Sew through the second Nib-Bit to the left of the GemDuo flower added in Figure 4 and through the next GemDuo of this GemDuo flower. String three 11/0s and sew through the empty hole of the next GemDuo. Repeat three more times. String one 11/0, sew through the middle 11/0 of the first GemDuo flower. String one 11/0 and sew through the first GemDuo of the same flower. Sew through all the beads again, secure within the GemDuo flower with several half-hitch knots and trim excess. (Figure 5)

Step 6. Rethread working thread of a Paisley Duo flower with thread exiting an 11/0. Sew through the middle 11/0 of the GemDuo flower added in Figure 4 and back through the 11/0 of the Paisley Duo flower, repeat thread path. Sew through an 11/0, Paisley Duo, the next 11/0 and Paisley Duo.

Sew through the middle 11/0 of the GemDuo flower added in Figure 5 and back through the 11/0 of the Paisley Duo flower, repeat thread path. (Figure 6)

Continue through three Paisley Duos and the corresponding 11/0s. String two 11/0s and sew through one Nib-Bit of another Nib-Bit flower. String two 11/0s and sew through an 11/0, and a Paisley Duo. Repeat this thread path. Continue through several beads in the Paisley Duo flower, secure thread with several half-hitch knots and trim excess.

Step 7. Repeat Steps 4 through 6 two more times, alternating the color placement of the GemDuo flowers. Secure and trim any excess threads. (Abbreviated illustration)

TOGGLE CLASP

The toggle is made separately and can be used to adjust the length of the bracelet if needed. By increasing the length of the bead strip joining the two halves of the toggle, you can lengthen the bracelet. The toggle is worked in even-count Peyote, if you need a refresher, you can download a free tutorial from www.beadflowers.co.uk.

Step 8. On a comfortable length of thread, place a stop bead, and string fourteen 11/0s. These beads will become the first two rows of the even count Peyote strip. Working in Peyote, stitch seven more rows for a total of ten rows.

Remove the stop bead, fold bead strip in half, and zip up row 1 to row 10. Weave in and secure tail thread.

Step 9. With working thread, weave through the tube to exit the sixth bead from the end. String one 11/0 and pass through the next bead in the same row of the tube. (Figure 7, a) String on 11/0 and pass back through the 11/0 added in the last step. (Figure 7, b) Repeat this step for a total of six 11/0s (or more if needed to lengthen the toggle).

Secure all threads and set this half of the toggle aside.

Step 10. Repeat Steps 8 and 9 to make a second identical toggle. But when you have stitched the little strip of Peyote, you need to zip it up to the length from your first half. Check that you are happy with the toggle length before you complete the zipping up. You can add or remove rows from this strip if you need to. Make sure the join is secure and then weave back along the strip into one of your toggle ends.

You are now going to add the butterfly.

Step 11. Weave through to exit from the sixth bead from the end of the tube, on the opposite side to the little strip. This is the point where you will begin adding a wing. String one 11/0 and two Paisley Duos – pass in through the narrow end entering the concave side – one 11/0 and then pass through the fourth bead from the other end of the toggle. Try to keep the same alignment up the toggle side as the point where you began. Turn around through the toggle beads and go back through the last 11/0 just added. (Figure 8)

Step 12. String four 11/0s and pass through the second hole on the Paisley Duo. String one 11/0 and pass through the second hole on the next Paisley Duo. String four 11/0s and pass through the next 11/0, on through the narrow end of the two Paisley Duos, through the next 11/0 and up through the first four 11/0s added in this step. (Figure 9)

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Step 13. String six 11/0s and pass through the single 11/0 at the center of the wing. String six 11/0s and pass down through the five 11/0s on the bottom of the wing, and back into the toggle. (Figure 10)

Step 14. Weave through the toggle to the other side and exit from the sixth bead from the end. This should be the equivalent position to begin adding the other wing. Repeat Steps 11 through 13 to add the other wing to the toggle. Finish your thread securely and your bracelet is ready to wear.



Katie Dean lives just outside London, in the UK. She stumbled upon beads entirely by accident back in 2003, whilst she was on long-term sick leave from her job. Katie is a self-taught artist who began with French Beading, before moving on to off-loom bead-weaving and she still enjoys both styles today. In 2012 her beading changed from a hobby into a full-time job. Katie published her first book ('Sweet Treats') that same year, and seven more (and counting!) have followed. She has also been published in numerous beading magazines, including *Beadwork*, *Bead&Button*, *Perlen Poesie* and *Bead and Jewellery* magazine. In 2014 Katie was invited to become editor of *Bead & Jewellery* magazine, working freelance alongside her existing teaching, writing and designing. You can find Katie's patterns and teaching schedule at www.beadflowers.co.uk. Or if you're curious about beading in general, her blog, www.myworldofbeads.com will give you all the information you ever wanted!

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DUO FLOWER BRACELET ILLUSTRATIONS

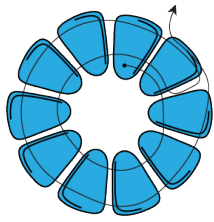


Figure 1

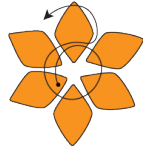


Figure 2

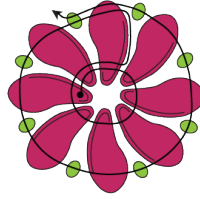


Figure 3

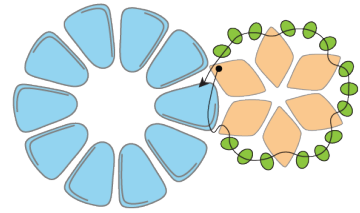


Figure 4

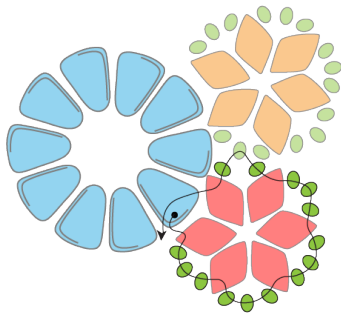


Figure 5

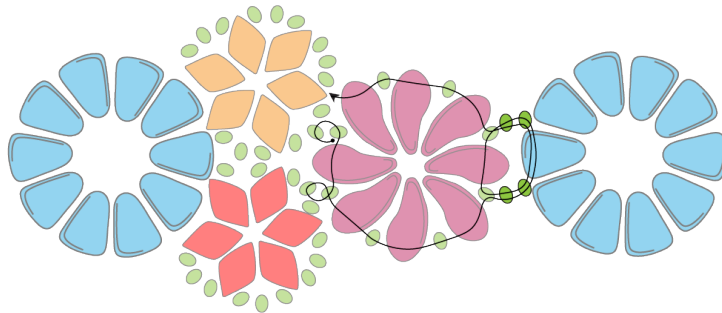
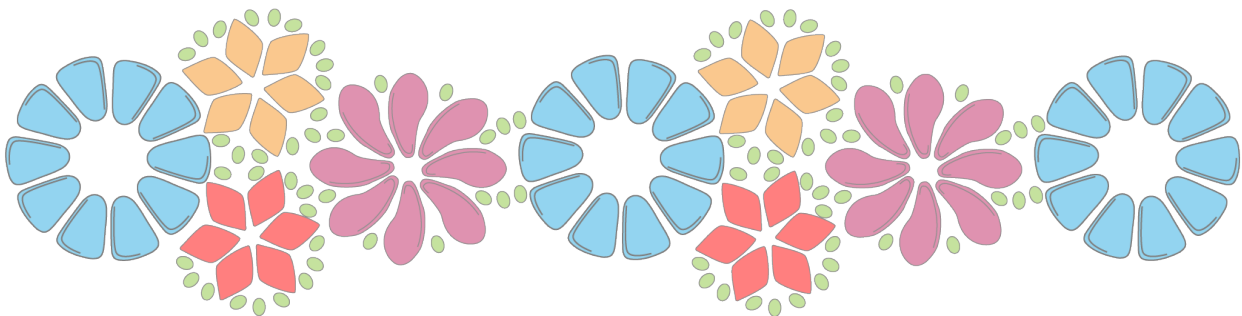


Figure 6



Abbreviated bracelet view

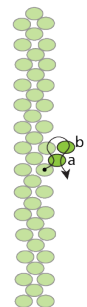


Figure 7

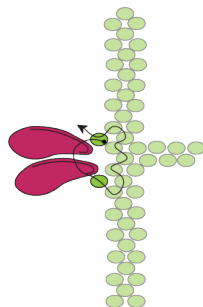


Figure 8

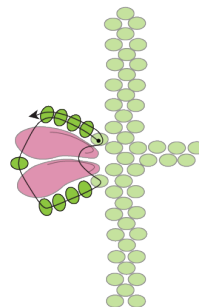


Figure 9

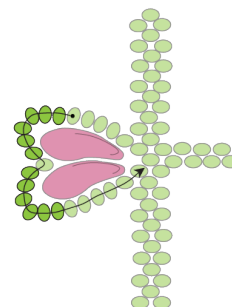


Figure 10

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