



## GEOCENTRIC

Centerline Cuff Designs  
by LESLIE ROGALSKI



Centerline cuffs empower anyone who can use a needle, thread, and small beads to create a stylishly finished, elegant beaded bracelet. Patterns are easy to follow, with only seven beads per row for 23 rows long. No knots, no technical stitches, it's fast and fun for every skill level. Charted patterns in this tutorial are inspired by my love for geometric pattern with a nod to Native American designs.

**Skill Level:** All

### Materials

Centerline Cuff for 7 bead rows  
Size 12 beading needle  
Delica 11/0 beads

Fireline 6 lb  
Scissors or thread zapper

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### NOTES:

Thermally bonded thread (i.e. Fireline, Wildfire) is suggested over other threads for its durability. There are several passes through each row of beads in this project and other threads are too easy to pierce.

The stringing method on a centerline cuff is done to secure the rows of beads front and back around the holes, keeping the thread hidden where it passes to the next hole underneath the cuff. Thread crosses to next holes along both the top and bottom rows of holes.

When sewing through cuff holes back to front, access through the “window” in the cuff. Do not sew around the outside edges of the cuff.

For point of reference the cuff’s holes on the edge with the stopper bead will be called the “bottom,” the other holes the “top.” Back to front means sewing from the inside, out.

On a 2-yd piece of thread string a needle, and string a stopper bead leaving a 4-in tail.

### ROW 1

Sew through the first bottom hole back to front.

String row 1 following the pattern and sew through the top first hole back to front.

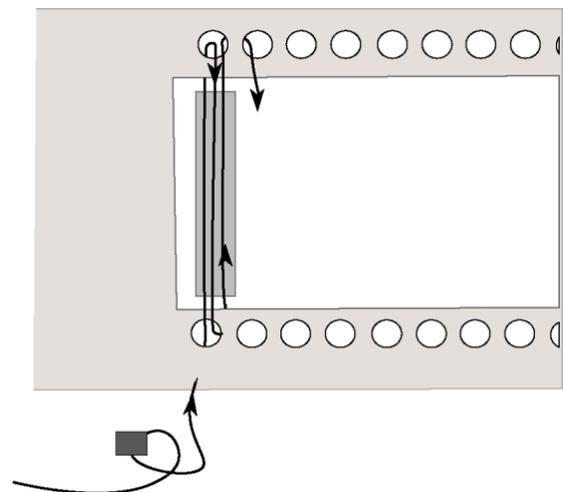
Sew through the row just strung, push the beads up to fit in the “window” for easier access.

Sew front to back through the first bottom hole.

Don’t sew through the stopper bead!

Sew again through the row just strung, pushing up the row of beads with your finger underneath to help access the bead holes.

Sew front to back through the first top hole and out back to front through the second top hole.



### ROW 2

String row 2 following the pattern.

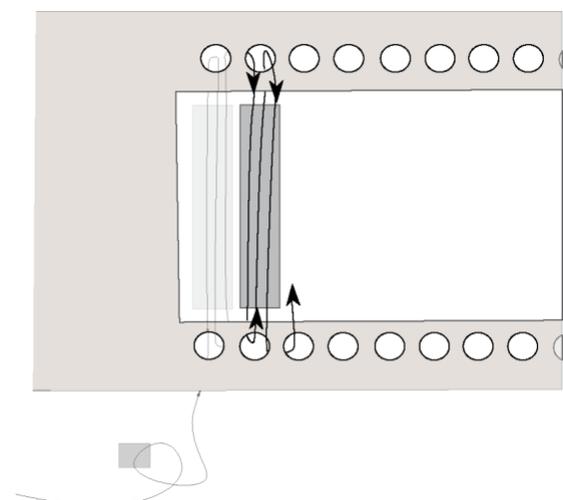
Sew back to front through the bottom second hole.

Sew through the row just strung, pushing up the row of beads with your finger underneath to help access the bead holes.

Sew back to front through the top second hole.

Sew again through the row just strung.

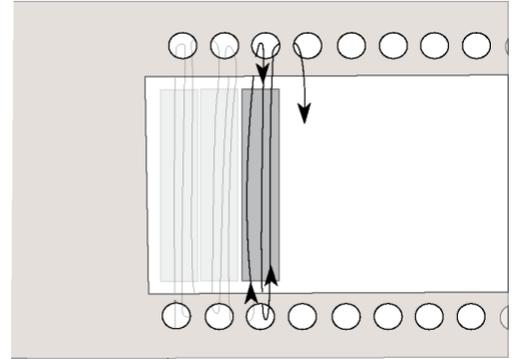
Sew front to back through the bottom second hole and back to front out the third bottom hole.



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### ROW 3

String row 3 following the pattern.  
Sew back to front through the top third hole  
Sew again through the row just strung.  
Sew back to front through the bottom third hole.  
Sew again through the row just strung.  
Sew front to back through the top third hole and back to front out the top fourth hole.



### ROWS 4-23

Repeat, always sewing back to front through the next hole over to hide the thread before you start a new row.

### Weave in tails and working thread

After a few rows, remove the stopper bead. String the tail on a needle and weave through the first row of beads. Exit out the back of the beadwork. The tension will hold the tail, just trim CAREFULLY. Repeat to sew the working thread into the last row.

Your thread path on the cuff underside should be an even zigzag.

